



BRAIN BUILDING IN PROGRESS

Resources for Early Learning

Family Connection Letter

Unit 7: Watch It Grow

Week 1: Sprouting Seeds and Bulbs

Date _____

Dear Families,

This week children will begin exploring seeds and bulbs and will learn about how plants grow. They will listen to the read-aloud books *The Carrot Seed* by Ruth Krauss, and *One Bean* by Anne Rockwell, to learn more about what a plant needs to grow. Children will watch *Between the Lions* “The Carrot Seed” and *Peep and the Big Wide World* “Peep Plants a Seed” to learn more about planting seeds and having the patience to wait for them to grow. This week children will review the letter “Ss,” the letter sound /s/, and the word *seed*.

Here are some things that you can do at home with your child:

- Plan and make a fruit salad with your child. Save the seeds from the various fruits you put in your salad (e.g., oranges, apples, watermelon, cherries, plums, peaches). Place the fruit seeds on paper towels labeled with the fruit name. Have your child describe and sort the seeds (e.g., by size, color, texture).
- Have your child take care of a plant for a week. Encourage him or her daily to see if it needs water, more sunlight, etc.
- Grow carrot tops. Place about an inch of the stem end of a carrot in a shallow dish of water. Together watch the carrot grow as it sprouts leaves.

Thank you!